## THIS IS A SAMPLE PREVIEW

There is more to discover in the **Top 5 Character Strengths Report**.





# VIA TOP 5 Character Strengths Report



**SAMPLE REPORT** 

7/21/2020

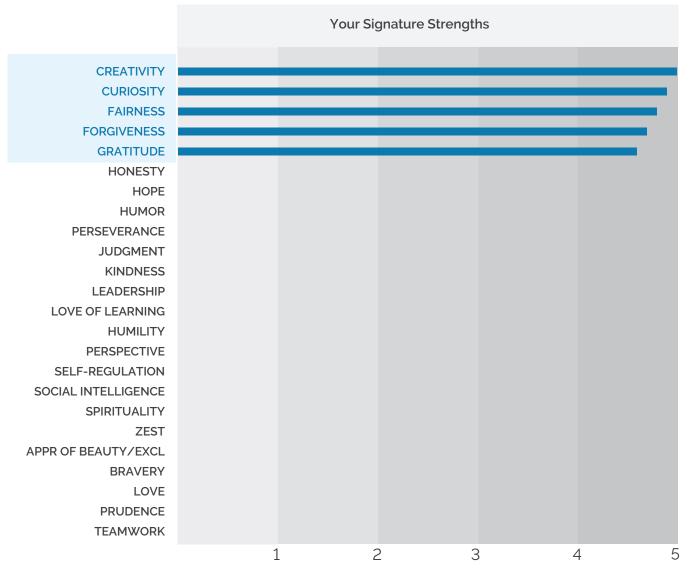


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## Your Results: Signature Strengths



1 = Very much unlike me 3 = Neutral 5 = Very much like me





## **1. CREATIVITY**

### What is Creativity?

Creativity means to think of novel and productive ways to conceptualize and do things–and there is practical use for these ideas.

### What does this mean about you?

You are an original thinker and often come up with new ways to do things. You are not typically content doing things the conventional way when another path is possible. Creativity is found in degrees. At one end of the spectrum are those individuals who are highly recognized for their exceptional creativity, such as great scientists, poets, composers, and painters. This is often referred to as "Big C" creativity. "small c" creativity is everyday creativity and ingenuity; it is at play when you display creative solutions to a variety of problems. This "small c" creativity likely describes you and is what is being measured with the VIA Survey. Your creativity can include innovation in areas such as art, music, or writing, but it is not limited to such endeavors.

Your creativity helps you to be open to new experiences, to discover new opportunities, and to take risks. This helps drive your interest in activities and generate ideas that others find interesting.

If you are like many creative people, your self-confidence and strong self-knowledge help you to be comfortable in a variety of situations and to adapt to challenges that arise, whether they be internal challenges (e.g., feeling lonely) or external stressors (e.g., job demands).

### How others describe you

#### Original

People see you as coming up with new ways of approaching things and willing to suggest something new.

#### Artistic

Often creativity is first recognized when you do something artistic like painting or playing an instrument.

#### Imaginative

You are often the one to suggest something unique that no one else has suggested.

#### Unconventional

You think of unusual ways of approaching things and are not overly concerned about fitting in with expectations and tradition.



